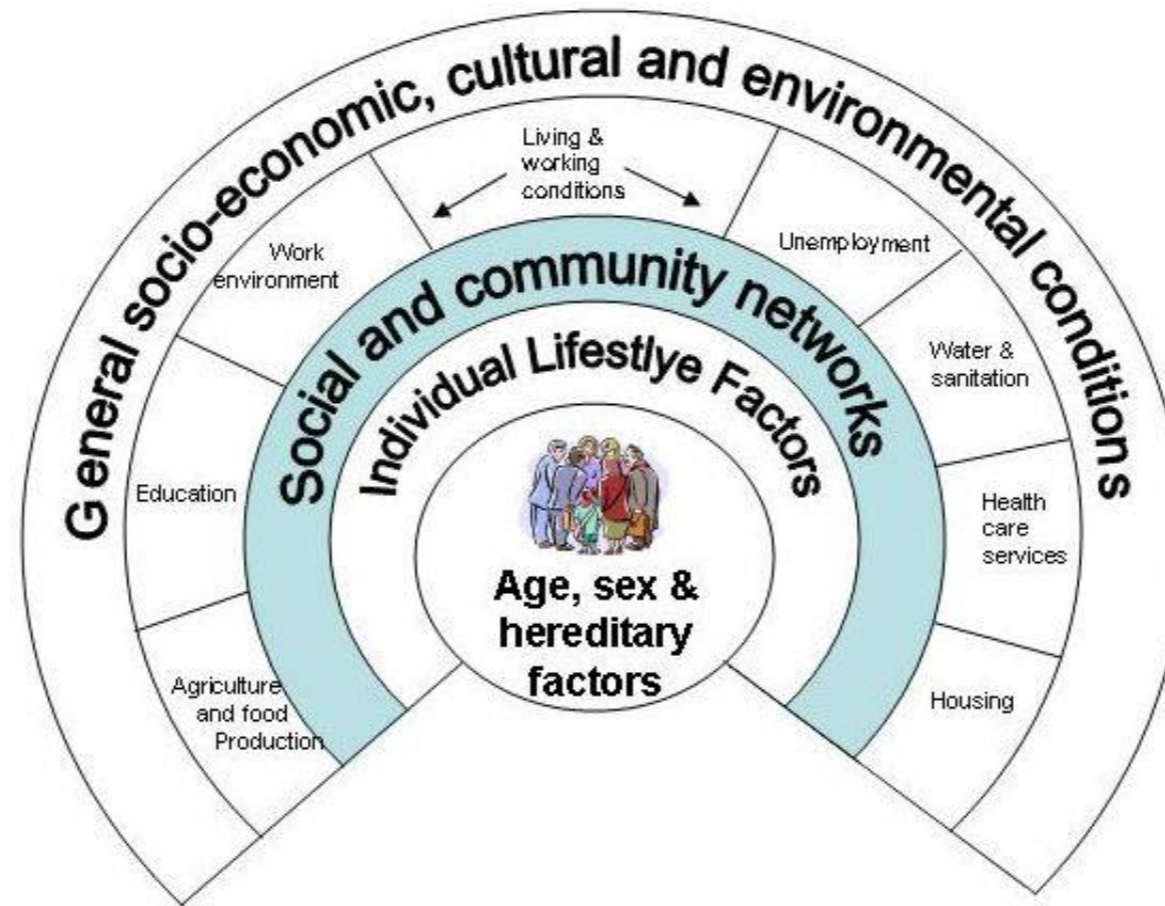


# Director of Public Health's Annual Report 2017

Rachel Flowers, Director of Public Health for Croydon

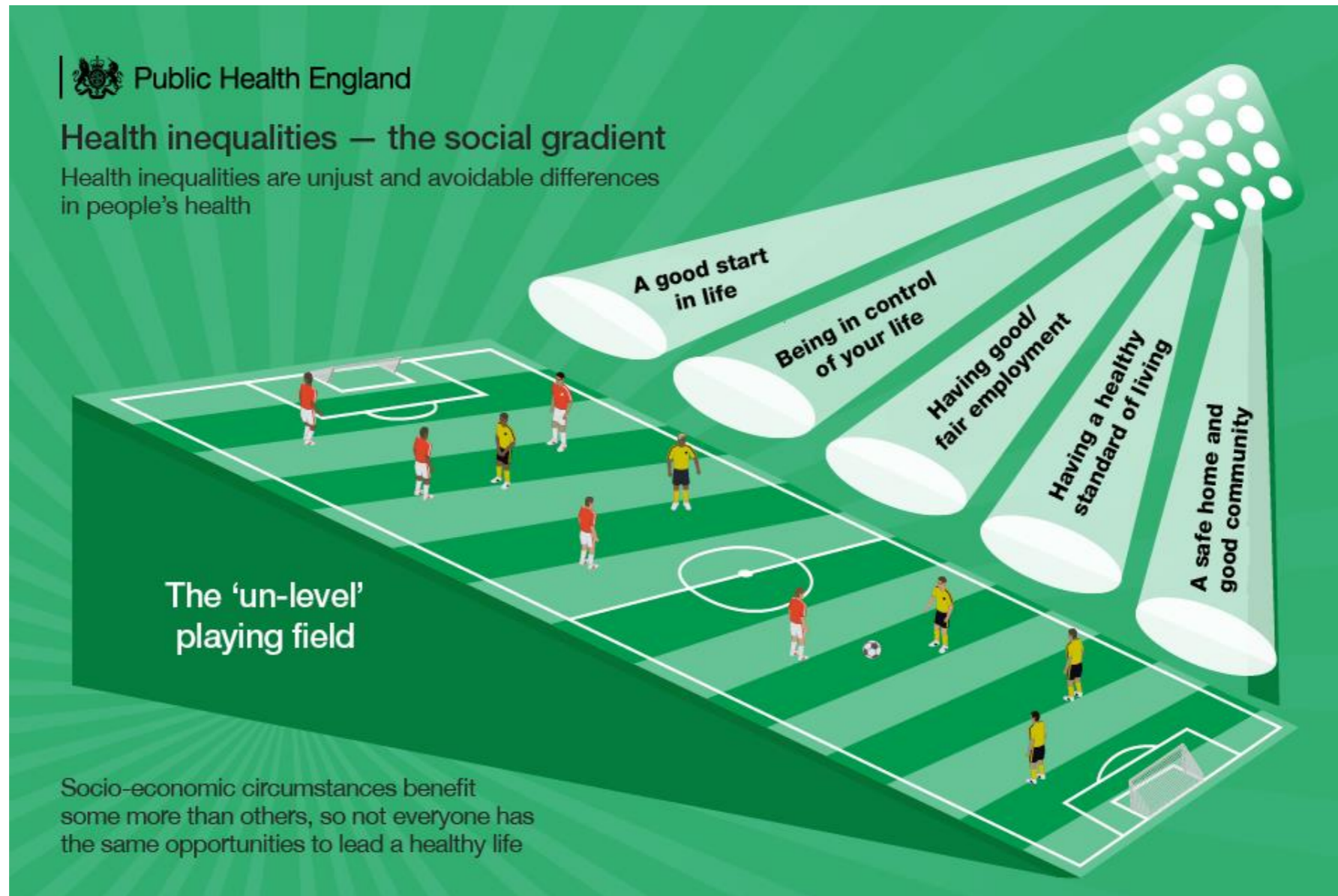
# What creates Health and Wellbeing?



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it's not all about *health* services – it's more about the relationship between what makes the person, their community and their environment

# Health Inequalities – The Social Gradient



# Alternative Tips for Better Health

- Don't be poor. If you can, stop. If you can't, try not to be poor for long
- Don't live in a deprived area. If you do, move
- Don't be disabled or have a disabled child
- Don't work in a stressful, low paid manual job
- Don't live in damp low quality housing or be homeless
- Be able to afford to pay for social activities and annual holidays
- Don't be a lone parent
- Claim all benefits to which you are entitled
- Be able to afford a car
- Use education as an opportunity to improve your socio-economic position

Source: Townsend Centre for International Poverty Research, University of Bristol (2004)

## Estimates of the Impact of Broader Determinants on Health



# There are many population estimates for Croydon

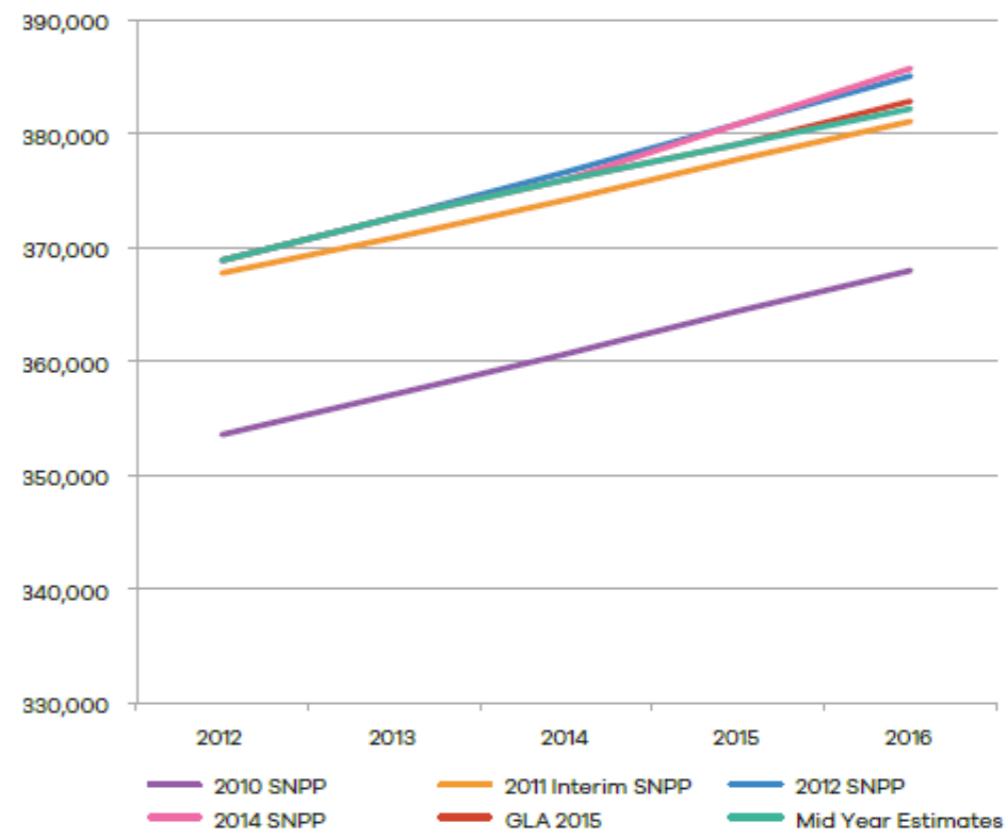
For example;

**CURRENT CROYDON POPULATION ESTIMATES. THESE ARE ALL PUBLISHED STATISTICS ORDERED BY SIZE, BUT WHICH WOULD YOU USE?**

- 382,304** 2016 Mid year estimates, ONS
- 383,488** 2015 Round SHLAA based projections, GLA
- 383,378** 2011 Census, ONS
- 386,670** 2014 Sub national population projections, ONS
- 401,627** 2016 GP Population Register, GLA

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### CROYDON POPULATION PROJECTION/ESTIMATE COMPARISON



Source: 2016 Mid year estimates, ONS. 2014 Sub national population projections, ONS. 2015 Round SHLAA based projections, GLA

# We have an Increasing Population

2<sup>nd</sup> largest population in London

In **2016** there were



**382,300** people in Croydon

This is the 2<sup>nd</sup> highest in London

Source: 2016 Mid Year Population Estimates, ONS

By **2031** there will be



**434,448** people in Croydon

a 12% increase in the next 15 years

Source: 2015 Round SHLAA based projections, GLA

# Percentages and People

## 0-17 YEARS OLD

**2016: 94,434 (24.7%)**

Highest number in London

*Source: 2016 Mid year estimates, ONS*

**2025: 102,074 (24.5%)**

Highest number in London

*Source: 2015 Round SHLAA based projections, GLA*

## 18-64 YEARS OLD

**2016: 237,663 (62.2%)**

3rd highest number in London

*Source: 2016 Mid year estimates, ONS*

**2025: 252,046 (60.6%)**

4th highest number in London

*Source: 2015 Round SHLAA based projections, GLA*

## AGED 65+

**2016: 50,206 (13.1%)**

3rd highest number in London

*Source: 2016 Mid year estimates, ONS*

**2025: 61,859 (14.9%)**

3rd highest number in London

*Source: 2015 Round SHLAA based projections, GLA*

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Age gradient across north to south: Younger north and an older south



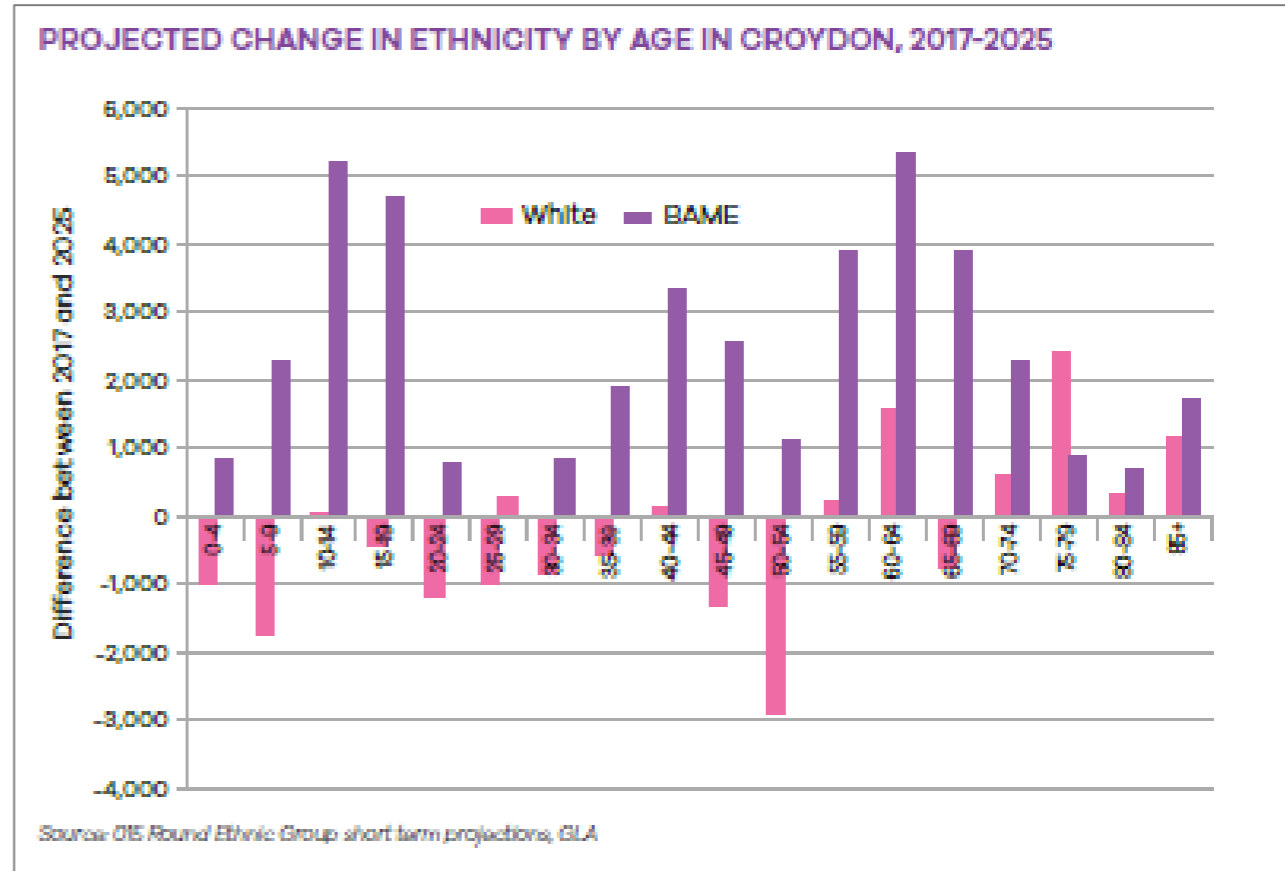
# Population Profiles

Ethnicity:

Currently, 49.3% White; 50.7% BAME

In 2025, 44.4% White; 55.6% BAME

Variation by age sub-groups



*\*Does not include British Sign Languages, or Braille*

## WHO definition of Health

‘Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity’

Preamble to the Constitution of the World Health Organisation, entered into force on 7<sup>th</sup> April 1948 and unchanged since